

About The Harris Center

At The Harris Center, we know there is hope for people living with mental illness and intellectual and developmental disabilities (IDD). We offer this hope daily to the individuals we serve, and we are actively working to reduce the stigma surrounding these conditions. We believe people are so much more than a diagnosis. We believe that everyone is a unique individual full of untapped potential. This is why we work with individuals and their families to create service plans that are specially designed to meet the needs of each person. Our skilled clinicians carefully evaluate individuals by gathering information about diagnoses, symptoms and functioning levels before connecting them with the service or program that will best meet their needs. With more than 2,100 staff, we are proud to deliver personalized care through 40+ programs and services to unserved and underserved populations with a wide range of diagnoses.

We provide care and support through four service divisions: Mental Health Outpatient Services, Mental Health Forensics, Intellectual Disability & Autism Services, and Comprehensive Psychiatric Emergency Programs. We serve over 48,000 individuals each year, about 4,500 of whom are children. While we can only count the number of individuals we serve, we know our impact extends to their entire community.



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Rights Protection Offices

If you feel you have been unfairly treated, have been denied needed services, have been denied accommodation by The Harris Center for Mental Health and IDD or if you are unable to resolve a complaint regarding services with The Harris Center staff person, or their supervisor, you may contact the following Rights Protection Offices:

The Harris Center for Mental Health and IDD

PO Box 25381
Houston, Texas 77256-5381
24-hour line: (713) 970-7742
Texas Relay (TDD) 1-800-735-2989

Texas Department of Aging and Disability Services

Office of Consumer Services and Rights Protection
701 West 51st Street
Austin, Texas 78751
1-800-458-9858
Texas Relay (TDD) 1-800-735-2989

Disability Rights Texas

1500 McGowen, Suite 100
Houston, TX 77004
713-974-7691
Voice or TDD 800-880-0821

All complaints are handled confidentially.



Transforming Lives

Please Call the Patient Information Line at 713-970-7000, option 2, to determine eligibility to the four Mental Health Outpatient Clinics:

Northwest - 3737 Dacoma, Houston
Northeast - 7200 North Loop East Freeway, Houston
Southwest - 9401 Southwest Freeway, Houston
Southeast - 5901 Long Drive, Houston

www.mhmrharris.org



Adult Mental Health Outpatient Services



Helping you work toward recovery from mental illness

Adult Mental Health Services

Serious mental illness such as depression, schizophrenia and bipolar and schizoaffective disorders affect approximately 145,000 adults in Harris County. If you are one of these people, you may feel frustrated, scared, angry, or any number of other emotions. It is important that you know professional treatment can help you cope with your condition, and you should seek treatment.

The Harris Center provides adult mental health outpatient services and eligibility assessments at four clinics:

- **Northwest Community Service Center**, 3737 Dacoma, Houston
- **Northeast Community Service Center**, 7200 North Loop East Freeway, Houston
- **Southwest Community Service Center**, 9401 Southwest Freeway, Houston
- **Southeast Community Service Center**, 5901 Long Drive, Houston

Frequently Asked Questions

How can I receive services?

Please call the [Patient Information Line](tel:713-970-7000) at [713-970-7000](tel:713-970-7000), [option 2](#), or visit any of our four Community Service Centers between Monday to Friday from 7:30 am to 3 pm. No appointment is needed, and walk-ins are processed until daily slots are filled on a first-come, first-served basis.

Services provided are determined by your diagnosis, symptoms and functioning at home and in the community, and availability of services at The Harris Center.

Screening for eligibility requires:

- Proof of Harris County residency
- Proof of income and/or support
- Proof of insurance
- Personal identification (if available)

Might I be eligible for services?

To be eligible for services, you must be a resident of Harris County, at least 18 years old, diagnosed with schizophrenia, major depression, bipolar disorder, post-traumatic stress disorder, obsessive compulsive disorder, or anxiety disorders with specific degree of functional impairment, and meet The Harris Center's financial criteria as an uninsured or underinsured resident.

What services are available?

- Medication-related services
- Counseling and psychotherapy
- Psychosocial and rehabilitative services
- Employment-related services
- Housing-related skills training
- Service coordination
- Peer advocacy
- Residential services (24-hour transitional residential programs for the homeless)



If you are experiencing a psychiatric crisis, or if you have an after-hours medication concern, please call The Harris Center 24/7 Crisis Line at 713-970-7000, option 1.

