

## What level of services do we provide?



### Day Treatment Program

- Must be under 16 years of age
- Must have a diagnosis of Autism
- Child is fed multiple times a day  
four days per week

### Outpatient Program

- Must be between ages 9 months and 18 years
- Not restricted to individuals with intellectual and developmental disability
- Child is fed 1-2 two times per week for an hour at a time

#### Rights Protection Offices

If you feel you have been unfairly treated, have been denied needed services, have been denied accommodation by The Harris Center for Mental Health and IDD or if you are unable to resolve a complaint regarding services with The Harris Center staff person, or their supervisor, you may contact the following Rights Protection Offices:

#### The Harris Center for Mental Health and IDD

PO Box 25381  
Houston, Texas 77256-5381  
24-hour line: (713) 970-7742  
Texas Relay (TDD) 1-800-735-2989

#### Texas Department of Aging and Disability Services

Office of Consumer Services and Rights Protection  
701 West 51st Street  
Austin, Texas 78751  
1-800-458-9858  
Texas Relay (TDD) 1-800-735-2989

#### Disability Rights Texas

1500 McGowen, Suite 100  
Houston, TX 77004  
713-974-7691  
Voice or TDD 800-880-0821

All complaints are handled confidentially.



*Transforming Lives*

Intellectual Disability & Autism Services

Access Center: 713- 970-7000  
9401 Southwest Freeway  
Houston, Texas 77074

[www.mhmraharris.org/IDD/IDD.html](http://www.mhmraharris.org/IDD/IDD.html)



## S.T.A.R.S. Feeding Disorders Clinic



## What is feeding therapy?

The S.T.A.R.S. Feeding Disorders Clinic is designed to help individuals that struggle with food and/or liquid refusal, texture or type selectivity, general mealtime problem behavior and refusal to self feed, all of which can result in difficulty maintaining their nutritional status.

Feeding therapy provides an evidence based behavioral approach to addressing all of these concerns. Treatment needs are identified after the completion of a thorough assessment including: client observation with food presentation, indirect assessment measures, and parent/caregiver interview. After all physiological concerns and oral motor deficiencies have been ruled out by medical professionals and/or speech and language pathologists, feeding treatment plans are written to address the maladaptive behaviors and skill deficits that remain. Once an efficacious plan has been created, the parent or caregiver is trained on how to feed their child to achieve optimum results.



## Who do we serve?

Admission into the S.T.A.R.S. Feeding Disorders Clinic is determined on an individual basis through clinical assessment conducted by a clinician on the team. The Feeding Disorders Clinic is divided up into two programs: Outpatient and Day Treatment. Our Outpatient program serves children ages 9 months through 18 years. This program is not restricted for those with an intellectual or developmental disability. If enrolled in this program, the child will be seen 1-2 times per week for one hour each time. Our Day Treatment Program is a more intensive program for children under the ages of 16 and with a diagnosis of Autism. Children enrolled in this program will be fed multiple times per day four days per week. Our Clinic will be able to serve those with Medicaid, DARS grant funding and General Revenue services. We are also taking private pay and outside insurance carriers on a case by case basis.

## What is a Feeding Disorder?

A feeding disorder is identified when a child is unable or refuses to eat or drink sufficient quantities to maintain their nutritional status. Typically, children with feeding difficulties exhibit strong preferences for certain foods (by type, texture, color and/or packaging) and consume a narrower quantity of food when compared with their peers.



## More Information

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