

# Community First Choice (CFC) Program

## What is CFC?

Senate Bill 7 from the 2013 Texas Legislature requires the Health and Human Services Commission (HHSC) to put in place a cost-effective option for attendant and habilitation services for people with disabilities who have STAR + PLUS Medicaid coverage.

Community First Choice (CFC) is an entitlement program that provides the most cost effective approach for basic attendant and habilitation service delivery to individuals living in the community who are enrolled in the Medicaid program and meet CFC eligibility requirements. CFC is available to individuals who are enrolled in STAR PLUS, STAR Health or DSHS and meet CFC eligibility requirements.

## What do I need to be eligible for CFC?

To be eligible for CFC, you must:

- Live in your own or family home.
- Have a diagnosis of ID or a related condition plus an IQ OF 75 or below.
- Be a child or an adult with a disability who is eligible for Medicaid and enrolled in Managed Care through STAR + PLUS or STAR HEALTH
- Have an Intellectual Disability / Related Conditions Assessments approved the by the Texas Department of Aging and Disability Services (DADS).
- Meet an institutional level of care, including:
  - i. Hospital,
  - ii. A nursing facility,
  - iii. An intermediate care facility for individuals with an intellectual or developmental disability,
  - iv. An institution providing psychiatric services for individuals under age 21, or
  - v. An institution for mental diseases for individuals age 65 or over.
- Need help with activities and instrumental activities of daily living, such as dressing, bathing and eating.

## **Services and supports may include:**

- **Personal Assistance Services (PAS)** Assistance with activities of daily living (eating, toileting and grooming), activities related to living independently in the community, and health-related tasks.
- **Habilitation (HAB)** Acquisition, maintenance, and enhancement of skills necessary for the individuals to care for themselves and to live independently in the community.
- **Emergency Response System (ERS)** Providing a backup system or ways to ensure continuity of services and supports
- **Support Management** Training people how to select, manage and dismiss their own attendants

## **How can I gain access to services?**

In order to access Community First Choice services through The Harris Center for Mental Health and IDD, you may contact (713) 970-7070.

You may also request Community First Choice services through your Medicaid Managed Care Organization at:

United Healthcare 1-800-349-0550

Molina Healthcare 1-866-409-0039

Amerigroup 1-866-696-0710 ext36171

Superior 1-800-783-5386