

About MHMRA of Harris County

At MHMRA of Harris County, we know there is hope for people living with mental illness and intellectual and developmental disabilities (IDD). We offer this hope daily to the individuals we serve, and we are actively working to reduce the stigma surrounding these conditions. We believe people are so much more than a diagnosis. We believe that everyone is a unique individual full of untapped potential. This is why we work with individuals and their families to create service plans that are specially designed to meet the needs of each person. Our skilled clinicians carefully evaluate individuals by gathering information about diagnoses, symptoms and functioning levels before connecting them with the service or program that will best meet their needs. With more than 1,800 staff, we are proud to deliver personalized care through 40+ programs and services to unserved and underserved populations with a wide range of diagnoses.

We provide care and support through three service divisions: Mental Health, Intellectual & Developmental Disabilities, and Comprehensive Psychiatric Emergency Programs. We serve 15,000 people per month, about 3,600 of whom are children. While we can only count the number of individuals we serve, we know our impact extends to their entire community.

Healthy minds, healthy community.

Rights Protection Offices

If you feel you have been unfairly treated, have been denied needed services, have been denied accommodation by the MENTAL HEALTH MENTAL RETARDATION AUTHORITY OF HARRIS COUNTY (MHMRA), or if you are unable to resolve a complaint regarding services with your MHMRA staff person, or their supervisor, you may contact the following Rights Protection Offices:

Mental Health Mental Retardation Authority of Harris County

Rights Protection Officer, Robert Stakem, Jr.
PO Box 25381
Houston, TX 77265-5381
713-970-7724

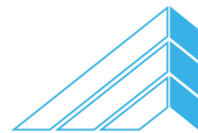
Texas Department of Aging and Disability Services

Office of Consumer Services and Rights Protection
PO Box 12668
Austin, TX 78711-2668
800-252-1854

Disability Rights Texas

1500 McGowen, Suite 100
Houston, TX 77004
713-974-7691
Voice or TDD 800-880-0821

All complaints are handled confidentially.



*Healthy Minds,
Healthy Community*

MHMRA of Harris County
7011 Southwest Freeway
Houston, TX 77074

713-970-7000
www.mhmraharris.org

MHMRA of Harris County Texas Home Living



**Providing you and your family
the services and support you
need**

About Texas Home Living

The Texas Home Living Waiver provides funding for services and supports for people who have intellectual and developmental disabilities. It was implemented on June 1, 2004, in response to a directive from the Texas Health and Human Services Commission.

TxHmL leverages general revenue funds, generated from state tax collection, to bring federal Medicaid dollars into Texas. This means more money is available to provide services to you and your loved ones through TxHmL.

Through TxHML, you currently can receive up to \$17,000 per year to use for certain services. These services are meant to provide for your personal development, health, and overall quality of life, as well as to give support to your guardians and caregivers.

You will be assigned a service coordinator who works for MHMRA of Harris County. This person is dedicated to helping you enroll in services you need that will allow you to continue living in your own home or your family home. The service coordinator will help you and your service planning team, which is made up of you, your family or guardian, and other people you choose, develop a service plan. This plan will identify services and supports you need to reach the outcomes and goals that you choose so you can live and enjoy your life.

Frequently Asked Questions

Am I eligible for TxHmL?

To receive assistance through TxHmL, you must:

- Have a diagnosis of an intellectual or developmental disability and meet ICF-ID criteria for Level of Care I.
- Be a current Medicaid recipient
- Not require intensive one-on-one supervision to prevent dangerous behavior
- Have an Individual Plan of Care approved by the Texas Department of Aging and Disability Services
- Not be enrolled in any other Medicaid waiver program
- Live in your own home or family home

How much assistance may I receive?

TxHmL funding is divided into two categories: Community Living Supports and Professional & Technical Supports. Currently, you may receive up to \$13,600 per year for Community Living Supports and up to \$3,400 per year for Professional & Technical Supports. The total amount of funding you may receive each year may not exceed \$17,000.



What services are available?

Community Living Supports services include:

- Day habilitation
- Employment assistance
- Supported employment
- Respite

Professional & Technical Supports services include:

- Nursing
- Behavioral support
- Physical & occupational therapy
- Dietary consultation
- Speech & language pathology
- Audiology
- Minor home modifications*
- Adaptive aids*
- Dental treatment*

**DADS will not approve a request to exceed pre-determined cost limits for these service components.*