

Specialized Therapies: Recreational Therapy

Exhibit B5

SERVICE
DESCRIPTION

The prescribed use of recreational and other activities as a treatment intervention is designed to restore, remediate, or habilitate improvement in a participant's functioning and independence, while reducing or eliminating the effects of the participant's serious emotional disturbance.

PROVIDER
QUALIFICATIONS

A recreational therapy provider must be:

1. A licensed professional with documented training and experience relative to the specialized therapy being provided. This may include a: clinical social worker; professional counselor; marriage and family therapist; registered nurse; vocational nurse; physical therapist; occupational therapist; or dietitian; or
2. Certified by the National Council of Therapeutic Recreation Certification (CTRS); or
3. Certified as a Texas Certified Therapeutic Recreation Specialist (TRS/TXC).

WRAPAROUND PLAN

The Wraparound Plan must describe:

1. The skills training that will be provided to participant, as they relate to achieving the participant's identified goal(s);
2. The strategies and/or action steps that will be used to assist the participant in achieving the identified goal(s); and
3. The type, scope, and duration of the service.

PROGRESS NOTES

Progress notes are required for the provision of recreational therapy and must include:

1. Participant name;
2. Date of contact with the participant;
3. Start and stop time of contact with the participant;
4. Service name and description;
5. Service location;
6. Wraparound plan objective(s) that was the focus of the service;
7. Participant response to nutritional counseling being provided;
8. Progress or lack of progress in achieving Wraparound Plan goals; and
9. Direct service provider's signature and credentials.

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PROVISION OF SERVICE DOCUMENTATION	The provider must document the provision of recreational therapy by maintaining up-to-date progress notes, which will be reviewed by the Department of State Health Services.
PROGRAM TRAINING	Prior to providing Waiver services and/or participating on a Child and Family Team, a recreational therapy provider must receive program training in accordance with PROGRAM TRAINING REQUIREMENTS, policy 2200.2 or 2300.2 of this manual, as applicable.
BILLING	Information regarding unit designation, payment rate, and required documentation for submitting a claim for recreational therapy is detailed in BILLING, SPECIALIZED THERAPIES, policy 2600.20 of this manual.

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