

Specialized Therapies: Nutritional Counseling

Exhibit B4

SERVICE DESCRIPTION	Nutritional counseling assists the participant in meeting basic and/or special therapeutic nutritional needs, including, but not limited to, counseling in nutrition principles, dietary plans, and food selection and economics.
PROVIDER QUALIFICATIONS	Nutritional counseling must be provided by a person who is a registered, licensed, or provisionally licensed dietitian by the Texas Board of Examiners.  Licensed professionals, with documented training and experience relative to the specific service, may include a: clinical social worker; professional counselor; marriage and family therapist; registered nurse; vocational nurse; physical therapist; occupational therapist; or dietitian.
WRAPAROUND PLAN	The Wraparound Plan must describe:  <ol style="list-style-type: none"><li data-bbox="560 856 1443 926">1. The skills training that will be provided to participant, as they relate to achieving the participant's identified goal(s);</li><li data-bbox="560 947 1443 1016">2. The strategies and/or action steps that will be used to assist the participant in achieving the identified goal(s); and</li><li data-bbox="560 1037 1443 1071">3. The type, scope, and duration of the service.</li></ol>
PROGRESS NOTES	Progress notes are required for the provision of art therapy services and must include:  <ol style="list-style-type: none"><li data-bbox="560 1182 1443 1215">1. Participant name;</li><li data-bbox="560 1236 1443 1270">2. Date of contact with the participant;</li><li data-bbox="560 1291 1443 1325">3. Start and stop time of contact with the participant;</li><li data-bbox="560 1346 1443 1379">4. Service name and description;</li><li data-bbox="560 1400 1443 1434">5. Service location;</li><li data-bbox="560 1455 1443 1488">6. Wraparound plan objective(s) that was the focus of the service;</li><li data-bbox="560 1509 1443 1543">7. Participant response to nutritional counseling being provided;</li><li data-bbox="560 1564 1443 1633">8. Progress or lack of progress in achieving Wraparound Plan goals; and</li><li data-bbox="560 1654 1443 1688">9. Direct service provider's signature and credentials.</li></ol>
PROVISION OF SERVICE DOCUMENTATION	The provider must document the provision of nutritional counseling by maintaining up-to-date progress notes, which will be reviewed by the Department of State Health Services.

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PROGRAM TRAINING	Prior to providing Waiver services and/or participating on a Child and Family Team, a nutritional counselor must receive program training in accordance with PROGRAM TRAINING REQUIREMENTS, policy 2200.2 or 2300.2 of this manual, as applicable.
BILLING	Information regarding unit designation, payment rate, and required documentation for submitting a claim for nutritional counseling is detailed in BILLING, SPECIALIZED THERAPIES, policy 2600.20 of this manual.

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