

Specialized Therapies: Art Therapy

Exhibit B2

SERVICE DESCRIPTION	Through the use of art media, the creative process, and the resulting artwork, art therapy assists the participant in exploring feelings, reconciling emotional conflicts, fostering self-awareness, managing behavior, developing social skills, improving reality orientation, reducing anxiety, and increasing self-esteem.
PROVIDER QUALIFICATIONS	An art therapy provider must be: <ol style="list-style-type: none">1. A licensed professional with documented training and experience relative to the specialized therapy being provided. This may include a: clinical social worker; professional counselor; marriage and family therapist; registered nurse; vocational nurse; physical therapist; occupational therapist; or dietitian; or2. Certified by the Art Therapy Credentials Board (AT-BC).
WRAPAROUND PLAN	The Wraparound Plan must describe: <ol style="list-style-type: none">1. The skills training that will be provided to participant, as they relate to achieving the participant's identified goal(s);2. The strategies and/or action steps that will be used to assist the participant in achieving the identified goal(s); and3. The type, scope, and duration of the service.
PROGRESS NOTES	Progress notes are required for the provision of art therapy and must include: <ol style="list-style-type: none">1. Participant name;2. Date of contact with the participant;3. Start and stop time of contact with the participant;4. Service name and description;5. Service location;6. Wraparound plan objective(s) that was the focus of the service;7. Participant response to art therapy being provided;8. Progress or lack of progress in achieving Wraparound Plan goals; and9. Direct service provider's signature and credentials.

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PROVISION OF SERVICE DOCUMENTATION	The provider must document the provision of art therapy services by maintaining up-to-date progress notes, which will be reviewed by the Department of State Health Services.
PROGRAM TRAINING	Prior to providing Waiver services and/or participating on a Child and Family Team, an art therapy provider must receive program training in accordance with PROGRAM TRAINING REQUIREMENTS, policy 2200.2 or 2300.2 of this manual, as applicable.
BILLING	Information regarding unit designation, payment rate, and required documentation for submitting a claim for art therapy is detailed in BILLING, SPECIALIZED THERAPIES, policy 2600.20 of this manual.

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